



# KITTATINNY REGIONAL HIGH SCHOOL NEWS & UPDATES

WEEK OF: January 26, 2026

## Cougar Athletics

### KRHS Swimmers Get It Done!

Congratulations to our swimmers on an amazing showing at this season's *HWS Championships* this past Saturday! Our boys were crowned HWS Champions!



Our medalists were Reese Berg (2nd in both the 200 IM and 100 Breast), Ty Hollar (3rd in the in the 500 Free), Jonathan Kern (2nd in the 100 Back), Nathaniel Kern (2nd in the 50 Free), John Wintermute (3rd in the 100 Fly), and First Places earned by Ty Hollar (200 IM), Jonathan Kern (200 Free), and Nathaniel Kern (100 Fly), our Boys 200 Medley Relay (Jonathan Kern, Ty Hollar, John Wintermute, Nathaniel Kern) and our Boys 400 Free Relay (Jonathan Kern, Ty Hollar, Channing Mulle, Nathaniel Kern).

The swimmers came to swim FAST. Of our 27 qualifying splashes, 13 were (hs) personal best Times, like Rico Brex's 100 Breast (-1.02); Salome Calderon's 50 Back\* (-4.73), Ty Hollar's 200 IM (-0.64), Jonathan Kern's 200 Free (-2.03) and 100 Free\* (-0.11), Nathaniel Kern's 100 Fly (-1.15), Connor Kovach's 200 Free (-0.23) and 500 Free (-1.09), Carter Muller's 100 Free (-0.30), Channing Muller's 500 Free (-9.95) and 100 Back (-1.92), and John Wintermute's 100 Fly (-1.80) and 500 Free (-3.19).

*\*Relay lead-offs*

Those fast times resulted in:

- Meet of Champions cuts by Jonathan Kern (200 Free); Nathaniel Kern (50 Free, 100 Fly), our Boys 200 Medley Relay (Jonathan Kern, Ty Hollar, John Wintermute, Nathaniel Kern), and our Boys 400 Free Relay (Jonathan Kern, Ty Hollar, Channing Muller, Nathaniel Kern).
- New KRHS School Records by Nathaniel Kern (100 Fly), our Boys 200 Medley Relay (Jonathan Kern, Ty Hollar, John Wintermute, Nathaniel Kern); and our Boys 400 Free Relay (Jonathan Kern, Ty Hollar, Channing Muller, Nathaniel Kern).
- New HWS Records by Nathaniel Kern (100 Fly) and our Boys 400 Free Relay (Jonathan Kern, Ty Hollar, Channing Muller, Nathaniel Kern).

The swimmers also had a great showing at the Skylands Invitational on Tuesday! Our swimmers touched in top times, Personal Bests, and some Championship cuts!

With nine of our swims finishing in the top 3, congrats to our First Place winners:

Nick Amella in the 100 Back  
Ronan DaRocha in the 100 Breast, and  
Justin Teresi in the 100 Free

A shout out to our swimmers who earned new Sussex County Championship cuts: Nick Amella (100 Back) and Ronan DaRocha (100 Breast)!

Congrats to all, and good luck to our swimmers at Sussex County Championships on Saturday!

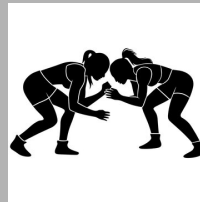


### KRHS Cheerleaders Take On Texas!

Congratulations to our Cheerleading program who battled mother nature to compete in the NCA National High School championships this weekend in Ft. Worth, Texas. The team placed 20th in Game Day and 4th in the Nation in Performance Routine. In addition the team was one of 10 school across the country to be recognized for their community involvement, dedication to promoting school spirit and pride in all they do outside of cheering. Nice job ladies!

### NJAC Freedom Division Champions!

Congratulations to the New-Kitt wrestling team for defeating Vernon Wednesday night 58-12 and earning the 1st ever NJAC Freedom Division Title!



The 2025-26 spring sports season is right around the corner! Please review the start dates for our spring sport's teams below as well as instructions on how to submit medical forms, online registration and athletic fees.

PLEASE NOTE - ALL MEDICAL FORMS, ONLINE REGISTRATION AND ATHLETIC FEES ARE DUE 2/23/26 (except for Jr high swimming- due 2/2/26).

Spring Sports Information

## Guidance News



### Marking Period 2 Report Cards

Dear Parents and Guardians,

Marking Period 2 report cards are now available on the Parent Portal. If you have any questions or concerns about your student's performance, please reach out to your child's teachers directly for the most accurate and up-to-date information.

The following extra help sessions are available before and after school to support student success:

#### Math Roundtable

Monday - Thursday from 2:30 to 3:30 & before school (by appointment only)

Location: Room C21

Please email Mr. Arias & Mrs. Fischer with questions.

#### ELA Roundtable

Monday - Thursday from 2:30 to 3:30

Location : Room B48

Please email Mrs. Pastor Poe and Mrs. Soltis with questions.

#### Science Roundtable

Monday - Thursday from 2:30 to 3:30

Location: Room B14

Please email Mrs. Lippert with questions.

If you have any questions, please feel free to contact the Guidance Department at (973) 383 - 1800 ext. 1200.

Sincerely,  
Katherine Morelli  
Director of Guidance

## Announcements

### KRHS Honors Students and Staff of the Marking Period

Congratulations to the following PLUCKY students of Marking Period 2:

Josh Capel  
Massimo Cherichella  
Chase Collins  
Jayden Dunbar  
Kayla Gearhart  
Sienna Gordon  
Alex Ochrym  
Josh Parra  
Lauren Salokas  
Audrina Trogani

PLUCKY students show courage and spirit in the face of difficulties in a spirited and determined way. They are brave and don't give up when faced with challenges and obstacles.

Also, congrats to the Staff Member of the 2nd Marking Period, Mrs. Brook DeCaro and to the ALL IN Impact Student of the 2nd Marking Period, Samantha Ruitenberg.





# SHOW LOVE TO OUR VETERANS



Sponsored by the Sussex County Division of Health in Partnership with the Division of Senior Services  
Help us provide comfort and care to those who have served our country  
by donating these much-needed items:

### Top Priority Items

- Comb
- Toothbrush & Toothpaste
- Razor
- Shaving cream
- Male and female body wash
- Shampoo
- Deodorant
- Wipes
- Blankets
- Twin sheets
- Towels & Washcloths
- Socks
- Underwear

### Additional Items Veterans Appreciate

- All-occasion greeting cards
- Dollar General Store gift cards
- Forever postage stamps
- Handkerchiefs
- Healthy snacks
- Lightbulbs (60 watts, nightlight size)
- Lip balm, Vaseline
- Microwavable/non-perishable foods
- Pens & writing pads
- Pillows
- Tees
- Tissues

All donations will benefit the Veteran Clothing Closet at Partnership for Social Services

Please drop off your donations to the locations listed below by February 11, 2026  
For questions please call: 973-579-0570

Sussex County Department of Health  
and Human Services  
One Spring Street  
Newton, NJ 07860



medical  
reserve  
corps



Sussex County Division of Health  
Office of Public Health Nursing  
201 Wheatworth Road  
Hamburg, NJ 07419

## Order Your Yearbook Today!

We are fast approaching final dates to purchase a yearbook or ad. Here is the important information you need to know:

- 1/30/26: Last day to order a personalized yearbook
- 1/31/26: Last day to order a business ad, 8th grade tribute ad, or senior tribute ad
- 2/28/26: Last day to purchase a yearbook

We have 2 different yearbooks. Please click on the correct link:

[Order Your High School Yearbook Here!](#)

[Order Your Junior High Yearbook Here!](#)

## Kittatinny Adult School Spring 2026

Kittatinny Adult School will be offering evening classes beginning March 2, 2026. Mail-in registration form can be printed out for the following classes:

- Expressing Yourself with Watercolors
- Body Sculpting
- Gentle Yoga
- Building a Successful Business
- Investments and Creating Retirement Income

The Kittatinny Adult School brochure (attached) can be viewed on Kittatinny's website @ [krhs.net](http://krhs.net) - click on the Community Links tab and then Adult School.

If you have any questions or need additional information, please contact 973-383-1800, ext. 1290.

[Kittatinny Adult School Brochure](#)

# Sister-to-Sister Prom Shop

at Project Self-Sufficiency

**Open to the Public!**

- ❖ March 23, 24, 25, 3 – 6pm
- ❖ March 26, 3 – 8pm
- ❖ March 27, 3 – 5pm
- ❖ March 28, 9am - noon



**No Appointment Necessary!**



Sponsored by the Journey Family Success Center at Project Self-Sufficiency with the assistance of the Family Success Center Parent Advisory Board.



Project Self-Sufficiency, 127 Mill Street, Newton, NJ 07860  
[www.projectsselfsufficiency.org](http://www.projectsselfsufficiency.org) – 973-940-3500

## Testing 25.26



### STATE TESTING DATES:

- NJGPA October Make Up Test:**
  - October 6 - 10, 2025
- NJSLA & NJGPA Field Tests:**
  - October 27 - November 14, 2025
- NJGPA Spring Administration for Grade 11:**
  - March 16 - 20, 2026
- NJSLA Spring Administration for Grades 7, 8, 9:**
  - April 27 - May 1, 2026
- NJSLA Spring Administration—Science for Grades 8 & 11:**
  - April 27 - May 22, 2026
- Access for ELLs**
  - February 2 - March 27, 2026

### RESOURCES:

**Important website:**  
<https://nj.portal.cambiumast.com/mandatory-training.html>

**For Students & Families:**  
<https://nj.portal.cambiumast.com/families.html>  
<https://nj.portal.cambiumast.com/item-type-tutorials.html>  
<https://www.nj.gov/education/assessment/adaptive/>

**Educators:**  
<https://www.nj.gov/education/assessment/adaptive/>  
<https://www.nj.gov/education/assessment/resources/district/blueprtguide/elacompanionguide3to8.shtml>  
<https://www.nj.gov/education/assessment/resources/district/blueprtguide/elagrade7.shtml>  
<https://www.nj.gov/education/assessment/resources/district/blueprtguide/elacompanionguide9.shtml>  
<https://www.nj.gov/education/assessment/resources/district/blueprtguide/mathcompanionguide3to12.shtml>  
<https://measinc-nj-science.com/>

## Benchmark Testing

ELA, Math, Science	IXL 1/26-2/6/2026	4/13-4/24/2026
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## PSATs

Grade 9
March 4, 2026

# Fundraisers

YOU ARE INVITED TO

## *Kittatinny Educational Foundation 2<sup>nd</sup> Annual Dinner Dance*



March

Saturday 28 6:00

2026



Newton VFW

Questions?  
Kittatinnyef@gmail.com



Calling all staff and students!

Join us for an all-level yoga class after school on Wednesdays throughout February in the library.

No experience needed, just a yoga mat and a body.

\$40 for 4 classes, all proceeds go to the class of 2029.

Cash or checks (made payable to KRHS) can be dropped off in B32 or in the main office, attention Kate Teresi



## Snack Donations Needed!

The class of 2029 are looking for donations to sell at the junior high basketball games. We are looking for bagged chips, cookies, candy, candy bars, Gatorade or any monetary donations would be greatly appreciated. All items can be dropped off in the main office or to B32. Please label items Class of 2029. Thank you for your support!

### KRHS Student Council Fundraiser



Wish your favorite KRHS student or staff member

***HAPPY BIRTHDAY***

on the marquee message board in front of KRHS!

Donation: \$15 (ADD a KRHS T-Shirt for an extra \$5!)

Your Name:	(first)	(last)
Your Phone Number & Email		
Name of Birthday Person:	(first)	(last)
Name to be posted on the marquee:	(Full name? Nickname? First name only?)	
T-Shirt? Y / N	Size: S M L XL 2XL (please circle)	DELIVERED to Students 1st period
Birthdate of Birthday Person:		Is this a half birthday? Y / N

**Details:** Birthday wishes for current KRHS students and staff only. Birthday wishes will be posted each Friday and will run for at least 7 days. Birthdays will be confirmed prior to posting. Summer birthday? No problem- Do a half birthday! Cash or checks accepted. Make checks payable to KRHS. Submit orders to Ms. Bitondo's school mailbox or mail to:

Kittatinny Regional HS  
 Attn: Dana Bitondo  
 77 Halsey Rd. Newton, NJ 07860

[Printable Order Form](#)

## KRHS Weight Room Fundraiser

SCAN TO SHOP



KRHS WEIGHT ROOM  
FUNDRAISER

online ordering  
all year round



VISIT OUR WEBSITE

TWENTYFOURINK.COM/COLLECTIONS/KITTATINNY-WEIGHT-ROOM

## Reminders

### Please Check the Parent Portal for Student Obligations

Dear Kittatinny Parents/Guardian:

Please log onto your Parent Portal to see if your child has any outstanding obligations, including negative cafeteria balances, for the 2025-2026 school year. If the obligation is not met, the following will be withheld until any and all obligations have been fulfilled:

- Student's grades and report card information (withheld)

You can access your Parent Portal using the following URL:  
<https://www.fridayparentportal.com/kittatinny> or through the Kittatinny website @ [www.krhs.net](http://www.krhs.net) - click on the Parent tab then Parent Portal.

- Outstanding Fees: Once on the Parent Portal, scroll down under menu and if there is a **red Balance** notation next to the Fines/Fees menu option, then there is an unpaid fine/fee balance. Click on "Fines" to view the Fines/Fees page.
- Negative Cafeteria Balances: Once on the Parent Portal, scroll down under Menu, click on "Food Services" to view your child's account. If your child has a negative cafeteria balance, you have been receiving weekly notifications on the amount due.

You can pay online with PaySchools Central @ <https://payschoolscentral.com/> or send in a check made payable to KRHS or cash for the outstanding obligation. If you have not registered for a PaySchools account, you will find the PaySchools Central account setup guide through Kittatinny's website @ [www.krhs.net](http://www.krhs.net), click on the Parent tab, Parent Resources then Payschool.

Any questions, please feel free to contact:

Colleen Chiariello, x1610: Activity fee/Negative Cafeteria balance  
Rob Erlemann, x1550 (IT Department): Technology fee  
April Orozco, x1440: Athletic fee  
Cindy Bizik, x1290: All other fees

### Kittatinny Regional School District Free and Reduced Meal Application

APPLICATIONS ARE ONLY AVAILABLE ON THE PARENT PORTAL IN ORDER TO DETERMINE YOUR ELIGIBILITY, YOU MUST **APPLY EVERY YEAR**

- If you have more than one child in the district, you must first link your students on the Parent Portal. See directions to link more than one child below.
- Please complete only **ONE (1)** application per household for **all** students attending the Kittatinny Regional School District.
- To complete the application, log on to the parent portal viewing your **youngest** child.
  - Click on "Meal Application" on the left hand side
  - Read all application documents
  - Complete the application, make sure to answer all questions, and check all boxes
  - When finished filling out the application, save & submit to the district
- The district will determine eligibility and notify Parent/Guardian by letter and can be viewed in the parent portal under Correspondence.

FAILURE TO ENTER ALL INFORMATION MAY RESULT IN YOUR APPLICATION BEING DELAYED

Please note:

MUST USE ONE (1) APPLICATION PER HOUSEHOLD  
MUST APPLY EVERY YEAR

#### [How to Link Students on the Parent Portal](#)

- Log into Parent Portal using your YOUNGEST child's log in
- You will be prompted to reset your password, if you have not already done so
- In the Parent Portal Home screen, click on the 3 bars located at the top right of the screen
- Navigate to Link/Switch Student option
- Create a new password for each student you link
- Once you link all of your children, you only need to log into your youngest child in order to view your household

#### WE NEED YOUR HELP...

##### No Aerosols and Perfumes Please:

It is important that our students do not bring aerosols and perfumes to school, as we have students and staff in the building who have asthma and may be affected by the spraying of such products. Thanks for your understanding.



*Just a friendly reminder...*

Please refrain from brushing one's hair in the cafe during lunch periods, as this is considered unsanitary and goes against all proper rules of hygiene etiquette. Students are encouraged to visit the bathroom for any grooming situations. Thank you all for your support and compliance regarding this matter.

## WE NEED A BUS PASS WHAT DO WE DO?

**PARENT OR GUARDIAN NEEDS TO EMAIL  
THE TRANSPORTATION OFFICE AT  
TRANSPORTATION@KRHS.NET**

**EMAIL BEFORE 10AM.**

**YOU WILL NEED TO GIVE:**

- YOUR NAME
- YOUR CHILDS FIRST AND LAST NAME
- FIRST AND LAST NAME OF THE STUDENT  
THEY ARE GOING HOME WITH.

**BUS PASS CAN BE PICKED UP DURING LUNCH  
PERIOD IN THE LIBRARY**



#### New School Store Items Available Online

Show your Cougar spirit with this amazing new collection of items from the online school store!

**KRHS SCHOOL STORE**  
online catalog

SCAN TO SHOP



VISIT OUR WEBSITE  
[TWENTYFOURINK.COM/COLLECTIONS/KRHS](http://TWENTYFOURINK.COM/COLLECTIONS/KRHS)

Click here to shop the new collection or scan the QR Code above

## Important Upcoming Dates

February 4: NCAA Signing Day #2  
February 11: Cougar Parent Academy: High School Orientation: The Next Chapter for 8th grade parents 6pm  
February 14: Valentine's Day  
February 16: President's Day: School Closed

KITTATINNY REGIONAL HIGH SCHOOL |  
[www.krhs.net](http://www.krhs.net)



Kittatiny High School | 77 Halsey Road | Newton, NJ 07860 US

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